

Bost
STATE OF NORTH CAROLINA
COUNTY OF WAKE

BEFORE THE NORTH CAROLINA
ADDICTIONS SPECIALIST
PROFESSIONAL PRACTICE BOARD
EC CASE NO. 822-24

NORTH CAROLINA ADDICTIONS)
SPECIALIST PROFESSIONAL)
PRACTICE BOARD,)
Petitioner,)
v.)
CHELSEA RAE BOST)
(CADC No. 27233),)
Respondent.)

CONSENT ORDER

THIS MATTER is before a Panel of the Ethics Committee (the “Panel”) of the North Carolina Addictions Specialist Professional Practice Board (the “Board”), pursuant to Chapter 150B, Article 3A of the North Carolina General Statutes; the North Carolina Substance Use Disorder Professional Practice Act, North Carolina General Statute § 90, Article 5C; and Title 21, Chapter 68 of the North Carolina Administrative Code. The Board, with a quorum present, and Respondent stipulate and agree to the entry of the following Consent Order:

FINDINGS OF FACT

1. Petitioner Board was established by the North Carolina General Assembly to credential and regulate substance use disorder professionals in North Carolina, in accordance with Chapter 90, Article 5C of the North Carolina General Statutes.
2. Respondent currently is a citizen and resident of Carteret County, North Carolina; and is neither a minor nor an incompetent person.

3. On October 5, 2020, Respondent was credentialed by the Board as a Certified Alcohol and Drug Counselor Registrant (“CADC-R”) (CADC-R No. 27233), which will expire on October 4, 2025, if not renewed.
4. On June 7, 2024, the Board received a self-report complaint, filed by Respondent, that Respondent had been criminally charged with Driving While Impaired. The complaint was designated by the Board as Ethics Complaint (“EC”) Case No. 822-24.
5. Upon investigation into EC Case No. 822-24, the Board determined the following:
 - a. On June 4, 2024, Respondent was criminally charged with DRIVING WHILE IMPAIRED – MISDEMEANOR (“DWT”), currently pending in Carteret County District Court, court file no. 2024 CR 324027-150. Per the Intox EC/IR-II: Subject Test from the Carteret County Detention Center, Respondent’s reported breath alcohol concentration was 0.23 g/210L.
 - b. On June 4, 2024, at 12:57 A.M., Respondent was criminally charged with CONSUME AN ALCOHOLIC BEVERAGE IN THE PASSENGER AREA OF A MOTOR VEHICLE ON A STREET OR HIGHWAY (“POSS OPN CNT/CONS ALC PSG AREA”), currently pending in Carteret County District Court, court file no. 2024 IF 701887. Respondent failed to notify the Board within thirty (30) days of issuance of the charge.
 - c. On July 20, 2024, at 2:53 A.M., Respondent was criminally charged with SIMPLE AFFRAY – MISDEMEANOR (“SIMPLE AFFRAY”) in Carteret County District Court, court file no. 2024 CR 703866. Respondent failed to notify the Board within

thirty (30) days of issuance of the charge. On September 9, 2024, the SIMPLE AFFRAY charge was dismissed.

- d. On June 6, 2024, Respondent completed a Comprehensive Alcohol & Drug Assessment and corresponding clinical interview at Carteret Counseling Services, Inc., in relation to the above-referenced DWI charge, which resulted in the recommendation that Respondent participate in short-term treatment, a minimum of twenty (20) hours of treatment to be completed within thirty (30) days or more. At this time, Respondent is still participating in the recommended treatment.
- e. On June 6, 2024, Donald Mrdjenovic (“Mrdjenovic”), Certified Alcohol and Drug Counselor (“CADC”) (CADC No. 1770) and Certified Clinical Supervisor (“CCS”) (CCS No. 251), issued a DWI Certificate of Completion Report pertaining to Respondent. Per the Substance Abuse Assessment Section of the report, Respondent’s diagnosis was F10.10 Alcohol Use Disorder Mild.
- f. Respondent’s current counselor for personal counseling is Kimberley “Kim” B. Morris (“Morris”), Licensed Clinical Social Worker (“LCSW”) (LCSW No. C002923). Respondent currently meets with Morris for clinical sessions relating to mental health concerns and lifestyle changes to maintain sobriety considering the above-referenced DWI, at a frequency of two (2) to four (4) times per month.
- g. On August 2, 2024, Morris issued a letter detailing Respondent’s completion of a mental health assessment conducted on June 5, 2024, shortly after issuance of the above-referenced DWI charge. The letter included reference to Respondent’s “ongoing struggle with management of symptoms related to PTSD, depression, and

anxiety.” Morris reported that, as of August 2, 2024, Respondent had participated in six (6) counseling sessions. Morris reported she and Respondent discussed the benefits of continued therapy to strengthen symptom management and healthy coping.

- h. On September 16, 2024, the Board’s issued a letter to Respondent’s clinical supervisor of record, Daniel Agha-Ball (“Ball”), requesting Ball provide his opinion as to Respondent’s fitness to practice as a CADC-R, considering Respondent’s pending criminal charges and potential impairment concerns. Ball is employed by Easterseals PORT Health, where Respondent is also employed.
- i. On September 18, 2024, Ball submitted a letter to the Board detailing his opinion as to Respondent’s fitness to practice, indicating his opinion that Respondent is fit to practice. Ball stated he has never observed any indication of substance-related impairment at work, nor any indication of impairment with respect to Respondent’s clinical judgment. Ball expressed his opinion that the above-referenced criminal charges do not affect Respondent’s abilities to fulfill her job duties as a CADC-R. Ball also stated Respondent reported the DWI charge to Ball within days of issuance of the charge.

CONCLUSIONS OF LAW

- 6. Respondent is subject to the North Carolina Addictions Specialist Professional Practice Act and the rules promulgated pursuant to the Act. The Board has jurisdiction over Respondent and the subject matter of this proceeding.

7. The acts and omissions of Respondent as described above constitute violations of the following:
 - a. Respondent used drugs or alcoholic beverages to the extent that Respondent suffered impairment, in violation of N.C. Gen. Stat. § 90-113.44(a)(2a);
 - b. Respondent engaged in an act or practice in violation of the provisions of this Article and the rules adopted pursuant to it, in violation of N.C. Gen. Stat. § 90-113.44(a)(6);
 - c. Respondent engaged in conduct that could result in harm or injury to the public, in violation of N.C. Gen. Stat. § 90-113.44(a)(9);
 - d. Respondent failed to recognize the negative impact impairment has on her functioning in public and professional performance, in violation of 21 NCAC 68 .0503(i);
 - e. Respondent used drugs, including alcohol, to the extent that Respondent suffered impairment, in violation of 21 NCAC 68 .0601(6)(c); and
 - f. Respondent failed to notify the Board within thirty (30) days of the date of issuance of criminal charges, in violation of 21 NCAC 68 .0606(c)-(d).

8. Respondent committed one or more of the violations described above. Pursuant to N.C. Gen. Stat. § 90-113.33(2), the Board has the authority to deny, suspend, or revoke Respondent's licensure, certification, or registration to practice in this State or reprimand or otherwise discipline Respondent's license, certificate, or registration in North Carolina. BASED upon the foregoing Findings of Fact and Conclusions of Law, and in lieu of further proceedings, Respondent wishes to resolve this matter by consent and agrees that Board staff

and counsel may discuss this Consent Order with the Board *ex parte* whether or not the Board accepts this Consent Order as written.

Whereas Respondent acknowledges that she read this entire document and understands it;

Whereas Respondent acknowledges that she enters into this Consent Order freely and voluntarily;

Whereas Respondent acknowledges that she had full and adequate opportunity to confer with legal counsel in connection with this matter;

Whereas Respondent understands that this Consent Order must be presented to the Board for approval; and

Whereas the Board has determined that the public interest is served by resolving this matter as set forth below.

THEREFORE, with the consent of Respondent, it is ORDERED that:

1. Respondent's registration as a Certified Alcohol and Drug Counselor Registrant (CADC-R No. 27233) from the North Carolina Addictions Specialist Professional Practice Board is hereby suspended for a period of twelve (12) months.
 - a. The suspension shall be stayed, so long as Respondent remains compliant with the requirements set forth in this Consent Order;
 - b. In the event Respondent fails to remain compliant with the requirements set forth in this Consent Order, Respondent's registration as a CADC-R (CADC-R No. 27233) shall be automatically terminated by the Board; and
 - c. The stayed suspension shall remain in effect, even after twelve (12) months from the execution of this Consent Order, until the Board has verified the final

adjudication of any pending criminal matters Respondent may be subject to, including completion of any court-mandated supervision and/or probation and payment of any restitution, costs and/or fees ordered by the courts, following Respondent's submission to the Board of documentation demonstrating such;

- d. The stayed suspension shall remain in effect, even after twelve (12) months from the execution of this Consent Order, until the Board has verified Respondent's completion of all recommended DWI treatment, following Respondent's submission to the Board of documentation demonstrating such;
- e. Respondent shall establish and maintain a therapeutic relationship with a licensed clinician for a period of twelve (12) months following the execution of this Consent Order;
 - i. Respondent shall meet with the licensed clinician, at least biweekly (once every two weeks), for general therapy and/or counseling services;
 - ii. Respondent's clinician shall submit a report to the Board on a quarterly basis, every three (3) months, confirming Respondent's attendance of the above-referenced clinical sessions and the dates upon which the sessions occurred. The documentation shall be submitted to the Board on the clinician's professional letterhead, drafted and issued by the clinician, and submitted to the Board on a quarterly basis;
 - iii. Respondent shall consent to her clinician providing notice to the Board in the event Respondent's clinician reasonably believes Respondent may be a danger to herself or the public;

- f. In the event Respondent is charged with, or convicted of, any new criminal offense(s), Respondent's registration as a CADC-R (CADC-R No. 27233) shall be automatically terminated by the Board; and
 - g. In the event the Board receives reliable information demonstrating Respondent is suffering from impairment relating to substance abuse, Respondent's registration as a CADC-R (CADC-R No. 27233) shall be automatically terminated by the Board.
2. The Board shall retain jurisdiction under Article 3A, Chapter 150B for all administrative hearings held in connection with or pursuant to this Consent Order. If the Board receives evidence that Respondent has violated any term of this Consent Order or any other law or rule enforced by the Board, the Board shall schedule a show cause hearing for a determination of the violations. If the Board determines that a violation has occurred, the Board may impose such disciplinary action as it determines is appropriate and is authorized by law.
3. This Consent Order shall take effect immediately upon its execution by the Board and Respondent and reflect the entire agreement between Respondent and the Board, there being no agreement of any kind, verbal or otherwise, which varies, alters, or modifies this Consent Order.
4. No modification or waiver of any provision of this Consent Order shall be effective unless it is in writing, adopted and approved by the Board, and signed by the parties affected.

5. Both the Board and Respondent participated in the drafting of this Consent Order. Any ambiguities herein shall not be construed against either party in any future civil or administrative proceeding.
6. Each party to this proceeding shall bear their own costs, and the Board shall bear its own costs of investigation.
7. Upon its execution by the Board and Respondent, this Consent Order shall become a public record within the meaning of Chapter 132 of the North Carolina General Statutes and shall be subject to public inspection and dissemination pursuant to the provisions thereof.

CONSENTED TO BY:

CHELSEA RAE BOST

Chelsea Rae Bost Date: 10/18/2024
(Respondent Signature) (Respondent Date)

By Order of the North Carolina Addictions Specialist Professional Practice Board, this the
21st day of October, 2024.

By: Kathy S. Allen CHDC-SAP, ICADC
Kathy S. Allen, Ethics Chair